

Understanding Foot and Mouth Disease (FMD)

Know the facts about FMD.

- FMD is a highly contagious virus affecting all cloven-hoofed animals (e.g., cattle, pigs, sheep, goats, bison, deer, elk)
- It is NOT a threat to public health.
- It is NOT a food safety concern.
- Canada is FMD-free. The last Canadian outbreak was in 1952.
- An outbreak would be economically and socially devastating.

Know a country's FMD status.

- FMD is common in the Middle East, Africa, Asia and South America.
- Before you travel, find the most up-to-date information on FMD outbreaks via the World Organization for Animal Health website, woah.org.



By following these guidelines, you help protect Canada's livestock and wildlife from the devastating effects of Foot and Mouth Disease.

Safe travels!



Protecting Canadian Livestock from Foot and Mouth Disease

Travel Guidelines for Beef Cattle Producers



Find more information on Foot and Mouth Disease prevention and awareness at BeefResearch.ca/FMD

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Partenariat canadien pour une agriculture durable

Sustainable Canadian Agricultural Partnership

Protecting Your Livestock from FMD

Travel Guidelines for Beef Cattle Producers

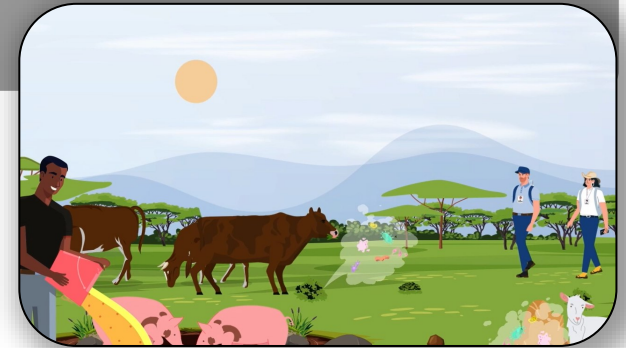
Before You Travel

- ✓ Inform Canadian Border Services of your travel plans.
- ✓ Know the FMD status of the region(s) you are visiting.



While Travelling

- ✓ Avoid direct contact with livestock and wild animals while visiting farms, zoos and markets.
- ✓ Do not purchase or bring back any meat or animal products.
- ✓ Clean and disinfect your footwear and clothing regularly.
- ✓ Leave behind anything that cannot be properly disinfected.



Returning to Canada

Declaration

- ✓ Declare to Canadian Border Services agents when you have travelled from a farm or high-risk location internationally OR will be returning to a farm.
- ✓ Declare all food products to Canadian Border Services.
- ✓ Leave any leftover food from flights or overseas airports on the plane.



Post-Travel Guidelines

- ✓ Avoid contact with livestock for five days after returning from any country.
- ✓ Avoid contact with livestock for 14 days if returning from a country without FMD-negative status.
- ✓ Clean and disinfect all belongings, especially shoes, gear or tools that have been in contact with soil.



Cleaning and Disinfecting

- ✓ Remove all soil and organic material from items prior to disinfection.
- ✓ Then soak items for 30 minutes in one of the following:
 - 50% water/50% vinegar
 - 100g sodium carbonate (washing soda) per 1 litre of water
 - 2g citric acid powder per 1 litre of water
- ✓ Clothing can be dry cleaned.

